

## **DISCLAIMER**

The information contained within this document does not constitute medical advice or diagnosis and is intended for education and information purposes only. It was current at the time of publication and every effort is made to keep the document up to date.

The information contained herein includes both psychological and non psychological interventions. The delivery of psychological services requires a medical referral whilst non psychological services do not.

Each person is an individual and has a unique psychological profile, biochemistry, developmental and social history. As such, advice will not be given over the internet and recommendations and interventions within this website cannot be taken as a substitute for a thorough medical or allied health professional assessment or diagnosis.

# Audio Visual Entrainment



## **EACH DAVID Paradise XL comes complete with:**

- Tru-Vu Omniscreen (tm) Eye sets
- Quality Stereo Headphones
- Stereo Patch Cord
- DAVID Carry Bag (with travel model only)
- A/C Adapter
- XL Session Editor Software
- Comprehensive Operator's Manual

## **Some of the uses and benefits of Brain Wave Entrainment with an Audio Visual Entrainment (AVE) unit are as follows:**

- Reduces stress and produces deep relaxation
- Increases alertness and reduces hyperactivity
- Improves speech, articulation and vocabulary
- Normalises sleep patterns
- Increases memory and accelerates learning
- Helps overcome depression and anxiety (as part of a holistic approach)
- Boosts immune function and resistance to infection

***Further reading suggestion:*** Audio Visual Entrainment (AVE)

**For a complete list of products or to order any of the Audio Visual Entrainment products or for more information or to make an appointment please contact us on (02) 9637 9998 during business hours.**